



# Boys' track

## RUNNER OF THE YEAR

### Thomas Ratcliffe



#### Concord-Carlisle: Mile

The Stanford-bound senior was the All-State mile champion in 4:06.92. The Patriots' captain then earned his third All-American honor by finishing second in the 2-mile at the New Balance Nationals. He was also on C-C's state champion 4 x 800 relay team.

## COACHES OF THE YEAR

### Bill Babcock



#### Division 1: Lexington

Under Babcock, the Minutemen made it back-to-back Division 1 state indoor titles. Lexington went 5-0 in the Middlesex League and also won the league meet. A BU grad, he was inducted into the MSTCA Hall of Fame in 2015.

### Garcia Dalzon



#### Division 2: East Boston

In his first year, Dalzon led the Jets to an historic win at the City League meet, taking the boys' title and snapping Latin Academy and O'Bryant's run of titles. Eastie finished 5-0-1 to win the City North title.

### Stephen Lane



#### Division 3: Concord-Carlisle

The Patriots finished second in the Division 3 relays and won the All-State title but ask Lane who should get credit and you get a list: Hanna Bruno, Sean Fidler, Mary McCabe, Brian Publicover, and Esther Winkler, all assistants.

### Kent Taylor



#### Division 4: Norton

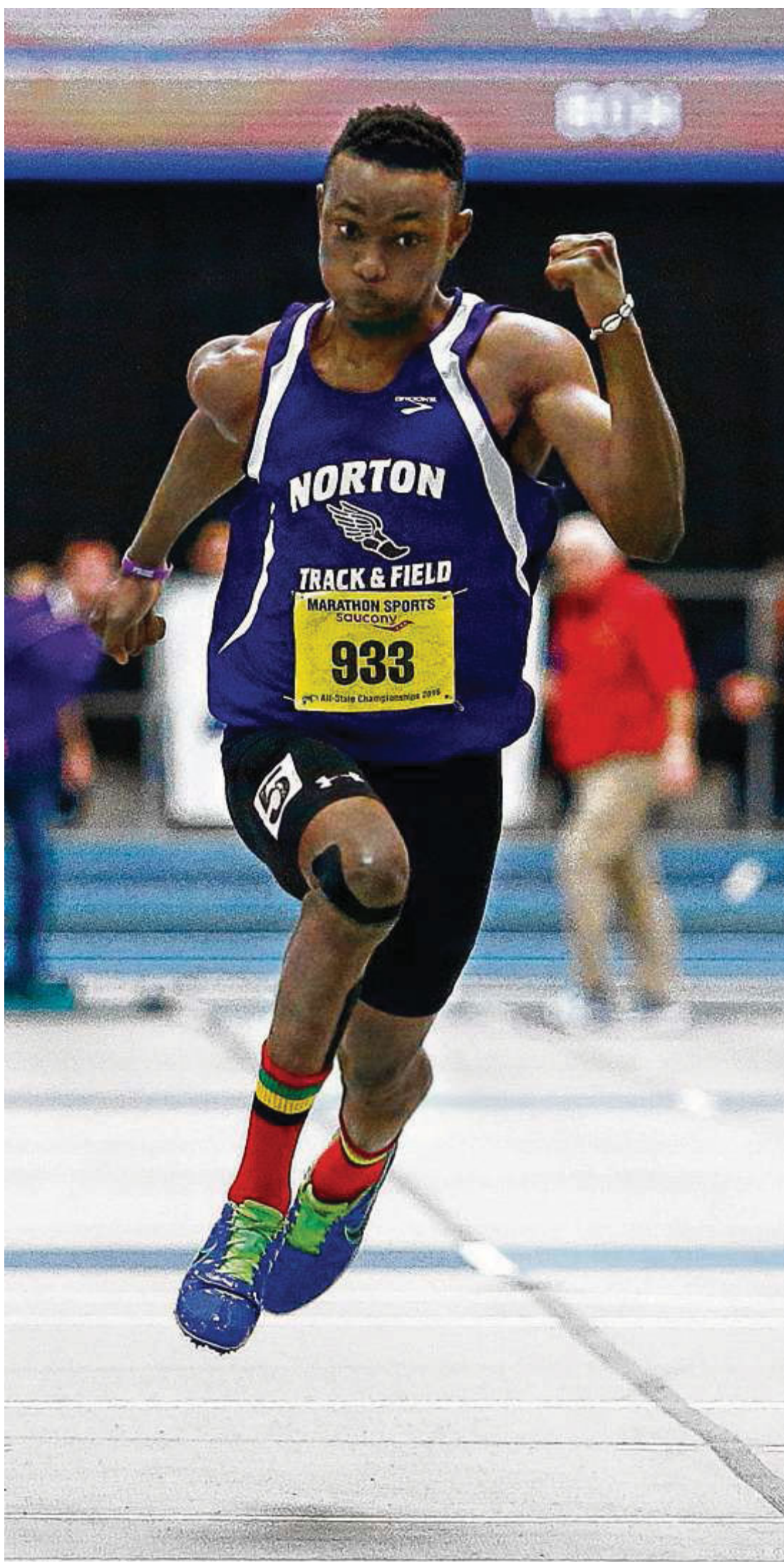
After earning Coach of the Year honors last winter, Taylor earned the honor again. Norton won the Division 4 relays and state meet. At All-States, Norton finished second to Concord-Carlisle. He was also Tri-Valley Coach of the Year.

### Sotirios Pintzopoulos



#### Division 5: North Reading

Now both a Globe indoor and outdoor track Coach of the Year, Pintzopoulos led the best indoor team in school history to the Division 5 state relay title. North Reading was the Cape Ann League champion at 9-0-1.



WINSLOW TOWNSON FOR THE GLOBE

Norton speedster Abu Ceesay flew to the finish, winning the 55-meter dash at All-States.

## RELAYS



### 4 x 200

#### Norton

The Lancers quartet (from the left) of Justin Ireland, Camden Cleathero, Andrew Raneri, and Abu Ceesay dominated the 4 x 200 this winter. Norton won the state coaches meet in 1:32.38, the Division 4 title in 1:30.61, and the All-State title in 1:31.05. Ceesay was also the state champion in the 55-meter dash. Raneri is a junior and plays football and lacrosse. Ireland is a senior and was also an All-Scholastic in football. Cleathero is a senior honor-roll student who also runs outdoor track.



### 4 x 400

#### Natick

The team of (from the left) Lucas Holt, Christopher Peabody, Brian Holihan, and Myles Holt was unbeatable this winter, winning the All-State championship in 3:26.23. The Redhawks also claimed the Division 2 title in 3:26.95 and the state coaches meet in 3:28.36. Holihan is a junior honor-roll student and varsity soccer captain. Peabody is a senior and is headed to Sacred Heart. Myles and Lucas are senior brothers. Myles is headed to Dartmouth and Lucas will attend Northeastern.



### 4 x 800

#### Concord-Carlisle

The Patriots' (from the left) Cole Winstanley, John Kacher, Eli Decker, and Thomas Ratcliffe won the All-State title in 8:04.11 and helped lead them to the team title. The foursome also won the Division 3 crown in 8:18.86 and was third in the distance medley at the New Balance Nationals. Decker will attend Colby and is a two-time indoor All-American. Kacher is an indoor All-American and will attend George Washington. Winstanley is a four-time Dual County All-Star. Ratcliffe was state champion in the mile.

## ALL-STARS

**Atlantic Coast** — Dennis-Yarmouth: Max Parent, Falmouth: Adam Bruce, Niko Jancaerino, Tristan Leachman, Marshfield: Julian Armijos, James Condon, Jake Connor, Joey Donovan, Tommy Finney, Christian Friedel, Derek Holmes, Will Horgan, Jimmy Jordan, Andrew Lamb, Shane Leonard, Mike Maglio, Zack Stocking, Devin Talbot, Brendan Ward, Nauset: Brian Brooks, Mente Kerse-McMillin, Sandwich: Jake Carter, Dan Emerson, Dylan Klabber.

**Bay State** — Brookline: Andrew Chabon, Quinn Gangadharan, Noah Kortkamp, Zach Leonard, Noah Lindeman, Dedham: Sam Beaucheur, Milton: Smith Charles, Colin Keally, Elise O'Leary, Derek Perkins, Natick: Brian Holihan, Lucas Holt, Myles Holt, Christopher Peabody, Needham: Will Aschenfelder, Newton North: Elmer Acuna, Andrew Mah, Jared Prior, Alex Rus, Wellesley: Matt D'Anieri, Thomas D'Anieri, Ben Matejka, Weymouth: Cody Moran, Sebastian Radell.

**Big Three** — Duxbury: Asante Monteiro, New Bedford: Justin Bennett, Shady Hassanine, John Owens, Carlos Ribeiro.

**Boston City** — Brighton: J'Suan Bastien, Richard Marrero, Dorchester: Lamont Haynes, East Boston: Joel Pastrana, Latin Academy: Kenneth Holman, O'Bryant: Oussama Amri, Snowden: Joel Lara, West Roxbury: Jovan Talavera.

**Cape Ann** — Amesbury: Keith Merchant, Hamilton-Wenham: Daniel Allara, Griffin Marshall, Ipswich: Josh Brown, Jayson Galoski, Charlie Gillis, Manchester Essex: Nathan Evans, Masconomet: Daniel Cosgrove, Kyle Faddis, Bryan Gilbert, Liam McGrath, Newburyport: Jack Carleo, Nick Fay, Alex Reduker,

North Reading: Brendan Carter, Nicholas Copelas, Cameron Davis, George Giunta, Jackson Hastings, Benjamin Hui, Liam Rutherford, Pentucket: Morgan Capener, Sam Coppola, Nick Murphy, Josh Walsh, Triton: Brandon Amello.

**Dual County** — Acton-Boxboro: Matt Antes, Will Collins, Brendan Flaherty, Colin Grip, Peter Murphy, Patrick Nero, Bedford: Isak Johnson, Boston Latin: Josh Connolly, Isaac Ibeh, Nick Santiago, Kris Ule, Cambridge: Esu Alemseged, Daniel Aschale, Will MacArthur, Johnny Rosario, Concord-Carlisle: Eli Decker, John Kacher, Christian Mitchell, Thomas Ratcliffe, Lior Selve, Cole Winstanley, Lincoln-Sudbury: Emilio DeSantis, Chris Smart, Chandler Snodgrass, Nick Virkler, Newton South: Phillip Batter, Eli Braginsky, Jake Epstein, Patrick Gloria, Alex Huang, Noah Whiting, Waltham: Andrew Chen, Antonio DiGenova, Wayland: Patrick Butler, Westford: Jason Dolan, David Ellis, Jared Molnar, Logan Molnar, Brian Murray, Weston: Miller Ward.

**Eastern Athletic** — Bishop Feehan: Anthony Delasanta, Ben Goslin, Devin Jolin, Andrew Pearl, Ian Ross, Cole Stewart, Shaun Vincent, Charles Yoder, Bishop Stang: Destin Barboza, Adam Estes, Garrett Morris, Nick Pacheco, Coyle & Cassidy: Joseph Celia, Peter Horvath, Martha's Vineyard: Nevin Wallis, Thomas Irwin, Nate d'Angelo, Somerset Berkley: Andrew Farias, Nate Schobel.

**Greater Boston** — Everett: William Barrett, Lewis Cine, Jonathan Pharell, Godson Tumpson, Malden: Abdul Ali, Reggie

Charles, Allen Liang, Medford: Ethan Greenridge, Jordan Howard, Corey Moore, Somerville: Demar Chapman, Travis Dolcine, Malcolm Ducasse, CJ Felix, Carlo Gorton, Phillips Magre, Marcus Thomas.

**Hockomock** — Attleboro: Patrick Collins, Jacob Hardy, Franklin: Alec Hurd, King Philip: Dylan Casassa, Sean Garrity, Mark Kahaly, Michael Roby, Mansfield: Joseph Affanato, John Crawford, Kevin Crawford, Sean Lanzillo, Devin Maughn, Kalin Petrov, North Attleborough: Gareth King, Nick Rajotte, Matthew Reimels, Matt Tarantino, Oliver Ames: Jarod Boone, Sharon: Carlos Grullon, Stoughton: Jordan Taylor, Taunton: Zac Bentley, Brian Cherefant, Matt Holt, Damion Theodoule.

**Merrimack Valley** — North Andover: Anthony Christian, Erick Duffy, Kyle Salois, Tyler Glendon, Matt Manteiga, Stephen Stabile, Dracut: Lucas Spicer, Tyler Burgoyne, Tewksbury: Billy Bennett, Mario Fuchu, Central Catholic: Steven Jackson, Lucas Blythe, Billerica: Felipe Freitas, Haverhill: George Papoulis, Lowell: Anthony Rodriguez, Thomas Abraham, Christopher Gendron, Chris Polanco, David Crueger-Cain, Jonathan Valenzuela, Andover: Jeremy Chan, Raymond Gorzela, Andrew Lucia, Jeremy Travaglini, Evan Chang, Methuen: Eric Rosario.

**Middlesex** — Arlington: Faolan Coogan-Pluck, Andrew Peterson, Nate West, Belmont: Calvin Perkins, Burlington: Chenet Guerrier, Matt Jankowski, Ben Margalit, Mike Pasciuto, Mike Pavao, Eddie Reis, Alec Rollins, Angel Vargas, Lexington: Zaeem Adamjee, Anthony Aguirre, Brian Jakob, Robert Mackenzie, Zachary Manickas-Hill, Thomas O'Donoghue, No-

ah Shute, Matthew Stevens, Melrose: Griffin Barriss, Adam Cook, Robbie Hanlon, Reading: Paul Chong, Chris Donaster, Jack Geiger, Kevin King, Kevin Shannon, Stoneham: Emily Manfra, Wakefield: Joe Boudreau, Eric Chi, Richard Custodio, Matt Greatorex, Adam Roberto, Alex Rodgers, TJ Sellers, Brian Smith, Ryan Sullivan, Dan Summers, Watertown: Jeremy Breen, Austin Lin, Amin Touri, Wilmington: Deven Langenfeld, Kyle Nelson, Evan Sperlinga, Winchester: Millyan Phillips, Jack Wiseman, Jacob Zuch, Woburn: Jacob Casey, Matt DiMauro, Travis Hunt, Pat Hurley, Aidan Platon, Brendan Tumwesigye, Ayrton Zargani.

**Northeastern** — Beverly: Nick Berry, Kevin Flaherty, John Jones, Brian McPherson, Lynn Classical: Thomas Mackin, Marblehead: George Goetz, Mitch Norcross, Michael Weidenbruch, Jakob Wikar, Peabody: Marc Alperen, Shane Braz, Edgar DosSantos, Hunter Josselyn, Spencer May, Steven May, Ugonna Okanawa, Pat Pang, Anthony Pizzo, Amisaday Quijano, Marcelo Rocha.

**Old Colony** — Barnstable: Jackson Burbic, Cam Donoghue, Cameron Faszewski, Nick Johnson, Ray Tordoroff, Bridgewater-Raynham: Brendan Calley, Devante Greaves, Andrew Hallman, Elijah Hernandez, James Kurtz, Trey Sheridan, John Stork, Dartmouth: Daniel Grubbs-Donovan, Colin McCabe, Nathan Morgado, Jordan Pacheco, Benjamin Paine.

**Patriot** — Duxbury: Andrew Borg, James Giunetti, Hingham: Will Anderson, Mike Durkin, Ivan Frantz, Jack Muldoon, Sam

Oomen-Lochtefeld, Middleborough: Mackenzie Allioth, Brody Kisson, Quincy: Jimmy Cannon, Mike Munroe, Peter Saccochi, Pembroke: Tyler Bryant, Andrew Cirillo, Matt Davis-Daniels, Aaron Diauto, John McMahon, Dan O'Neil, Isaiah Savage, Plymouth North: Aaron Chase, Josh Pestana, Max Tripp, Plymouth South: Jared Bernal, Devin Leahy, Silver Lake: Colin Boerger, Will Gallagher, Duxbury: James Giunetti, Whitman-Hanson: Pat Duffey, Brian Edwards, Nick Haley.

**Tri-County** — Archbishop Williams: Jonathan Pierre, Austin Prep: Peter Blake, Devin Conroy, Jeff Fernandes, Matt Libacki, Nick Rajaratnam, Bishop Decker: Oliver Botthoff, Shawn Carlson, Colin Norton, Mitch Rivers, BC High: Pat Watson, Brockton: Julio Barros Mendes, Tyreque Cabrera, Eddy Fong, Michael Kerrigan, Christopher McCaffrey, Julian Polynice, Rudiano Ramos, Niadre Zouzoua, Cardinal Spellman: Wyatt Ansel, Cooper Daly, Freddie Dauphin, Vladimir David, Bernard Grant, Alex Paige, Tim Ryan, Gus Suneson, Catholic Memorial: Christian Denny, Christian Gray, John Lara, Abubakar Suleiman, Nicholas Techiera, St. John's (S): Jackson Ennis, Ben Kovacs, Peter Monahan, Greg Moschella, John Rahn, Joe Walsh, Eric Weeks, St. John's Prep: Tristan Shelgren, Xaverian: JP Bettinelli, Bryan Hart, Ryan Hayes, Mark Quereux, CJ Williams.

**Tri-Valley** — Norton: Abu Ceesay, Chris Wrenn, Joey Anand, Camden Cleathero, Justin Ireland, Hopkinton: Mike Cuthbert, Nick Pollicci, Bellingham: Alex Carr, Will Schmitt, Westwood: Sean Murphy, Dover-Sherborn: Justin Seymour, Medfield: Andrew Garfield.

## ALL-SCHOLASTICS

### Elmer Acuna



#### Newton North, senior, shot put

The Bay State Conference All-Star finished strong, winning the All-State shot put title with a throw of 56-3½. A week later, he claimed the top spot at New Englands with a 57-1. He was also second at the Division 1 meet with a 55-1¾.

### Esu Alemseged



#### Cambridge, senior, 1,000

After an All-Scholastic cross-country season, Alemseged finished second in the 1,000 at the Division 1 meet (2:30.97). He then took first at the All-State meet in 2:28.57 and finished second at New Englands (2:28.70).

### Abu Ceesay



#### Norton, senior, 55

Ceesay proved he was the fastest boy in in the state this winter, winning the All-State dash title in 6.40 seconds. He also won the Division 4 title in 6.59. The senior was also a part of Norton's state champion 4 x 200 team.

### Thomas D'Anieri



#### Wellesley, senior, 2-mile

D'Anieri won the All-State 2-mile title in 9:11.47. He was also the Division 2 state champion, winning in 9:23.43. A Bay State Conference All-Star, he was the Globe's Division 1 cross-country Runner of the Year in the fall.

### Anthony Delasanta



#### Bishop Feehan, senior, 300

Delasanta won the 300 at the state coaches meet in 35.03. He continued his success by winning at the Division 3 meet (34.83) and at All-States (34.63). The three-time Division 3 state champion will attend URI.

### Eddy Fong



#### Brockton, senior, hurdles

Fong won the All-State 55-meter hurdles title in 7.71 seconds. He also took third at the Division 1 meet, second at New Englands, and was the Big Three champion as well. He's a two-time Big Three All-Star.

### George Papoulis



#### Haverhill, senior, 600

Papoulis was a force in the 600 this season. He won the Division 1 title in 1:21.06 and was second at the state coaches meet and All-State championships. He was Merrimack Valley All-Conference in track and soccer.

### Jared Prior



#### Newton North, senior, long jump

Prior stood out as the best in the region in the long jump. After finishing fourth at the Division 1 meet with a 20-10 jump, he took second at All-States (21-5½). He was also eighth at New Englands (20-9) and will attend Bowdoin.

### Alec Reduker



#### Newburyport, senior, high jump

Reduker earned All-American honors at the New Balance Nationals. He was high jump champion at New Englands (6-7), All-States (6-8), and the Division 5 meet (6-8). His season best of 6-10 was fourth best in the nation.